



**RIDE YOUR
EXPERIENCE**



THE CIOCCO AND SERCHIO VALLEY TROPHY ROUTE

The race departs from the **stadium at Il Ciocco**, where there will be a launch that leads to the start of the first uphill section, about 3 km long. At the end of the climb is the first singletrack, called **IL BACINO (THE BASIN)**, 1.31 km long, challenging and characterised by stretches on solid rock with impressive panoramic views along the way. From there, the route arrives in the town of **Lupinaia** where there is a very short yet technically challenging climb, to then head downhill on a gravel road until reaching **Treppignana**, where the race proceeds through the town. Next is another singletrack, which leads inside the **Il Ciocco Estate**.

The **Granfondo** route does not have the uphill climb, replacing it with a direct connection between the **Il Ciocco Estate** and **Treppignana**.

Passing through the town of **Albiano**, a 4-km (circa) off-road segment begins, called **MANGIA E BEVI (EAT AND DRINK)**, that leads to the start of a singletrack called **LE TROTE (THE TROUT)** measuring 1 km, which includes crossing the **Corsonna** creek. From there, the route heads uphill again until reaching **Barga** (a beautiful town listed as one of the Borghi più Belli d'Italia). It then crosses through the delightful old town, where a refreshment and assistance point will be set up. Continuing on, racers will enter the singletrack called **LE RUPINE**, which then becomes the start of the old road for **Sommocolonia**, about 1 km long with cobblestones, which climbs for 200 m at an 18% grade. A water point will be found there. The race then continues on to the Via del Saltello for 2.80 km, a technically challenging dirt trail with difficult tread that will lead to the highest point of the route. From there onwards it's the **FLOW TRAIL** for about 3 km, the main downhill section of the **Ciocco Bike Circle**, which leads to the finish line (which was also the starting point). Participants will be welcomed by a third refreshment point.



Loc. Il Ciocco - 55051 - Barga (LU) - Italy - 44°05'24.9"N - 10°27'59.1"E
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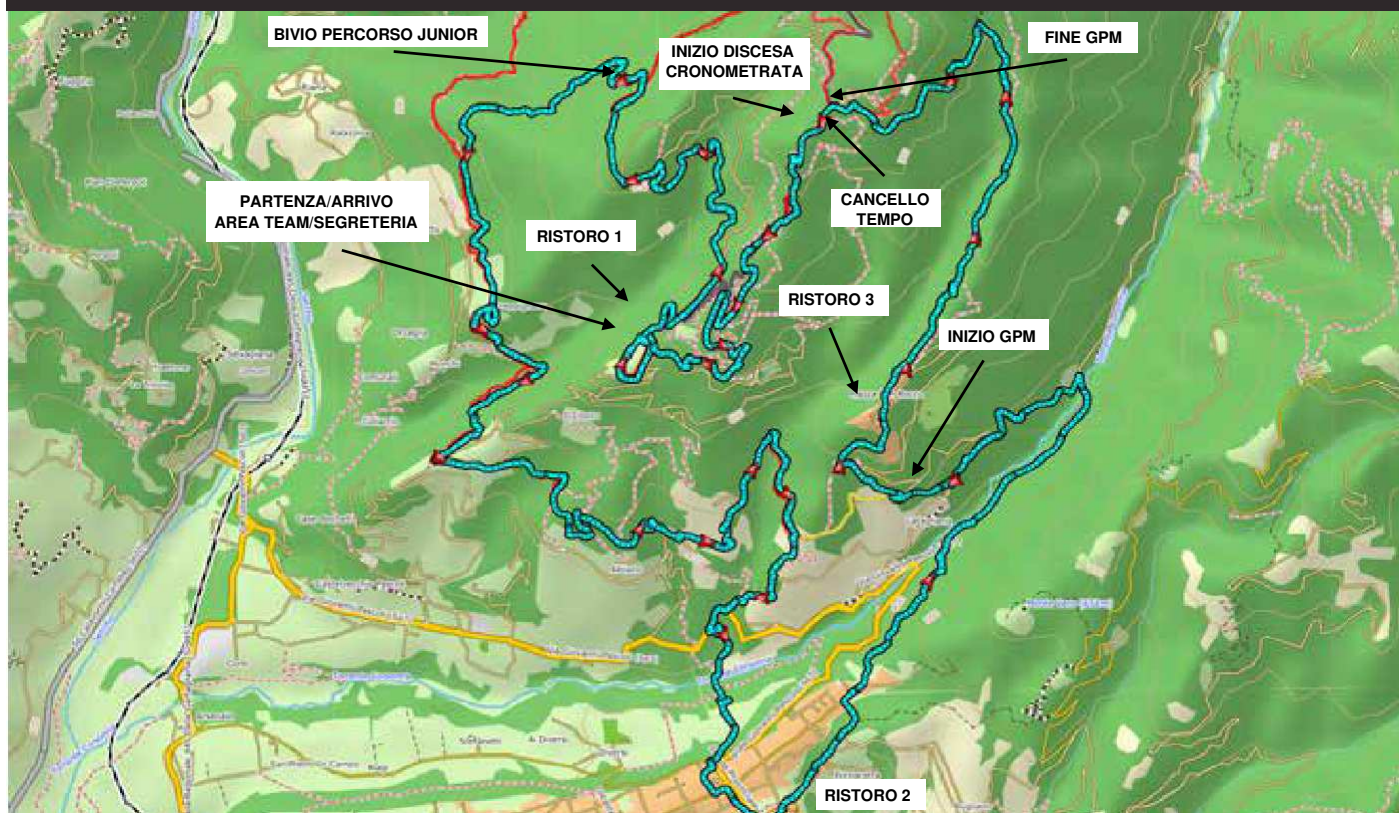


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PERCORSO COPPA TOSCANA - JUNIOR

LUNGHEZZA 25,6km
DISLIVELLO IN SALITA 1300mt
LUNGHEZZA GPM 4,8KM (550MT+)
LUNGHEZZA DISCESA CRONOMETRATA 3,2KM (350MT-)
SALITA SU PAVE' 1,5KM





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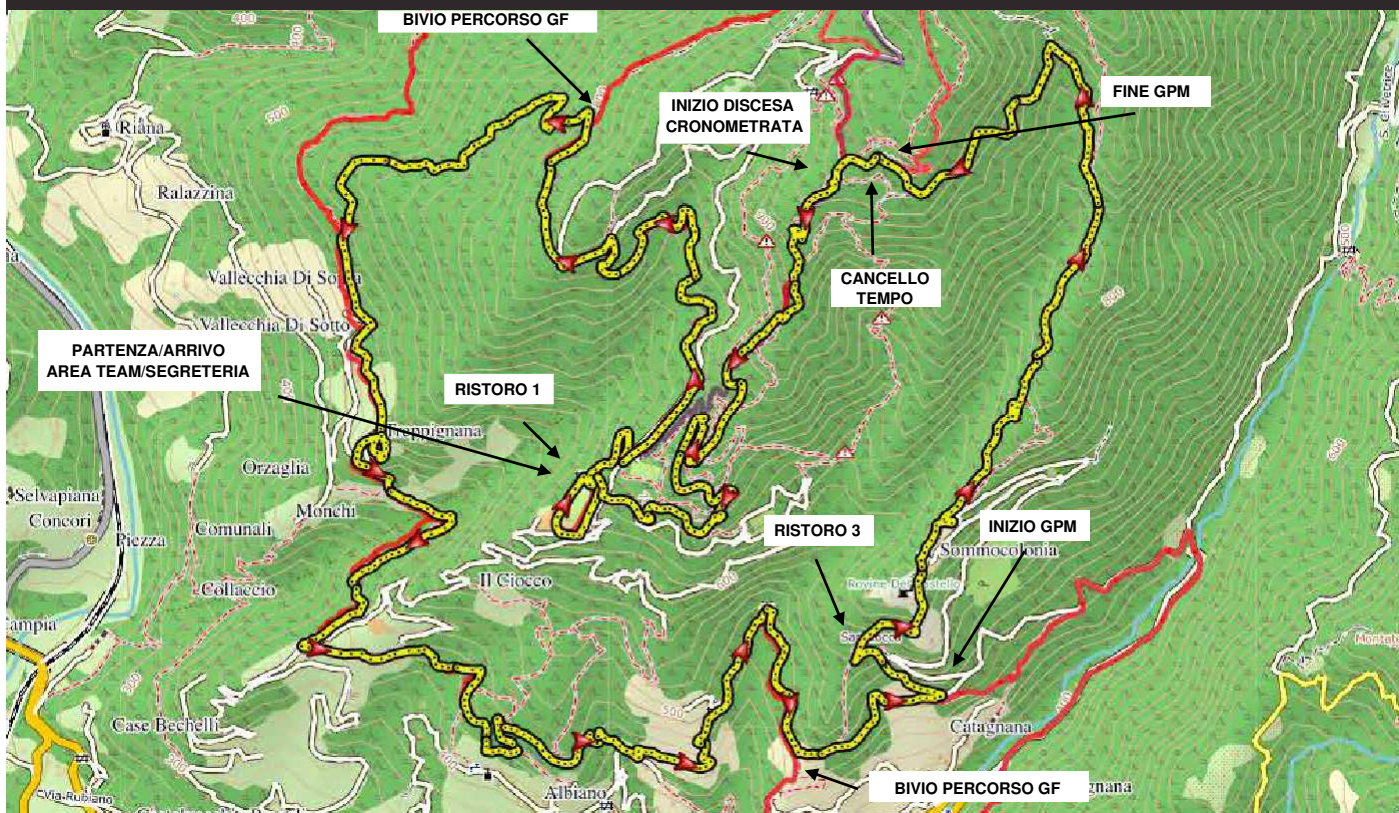


**TROFEO DEL
CICCO E
VALLE DEL
SERCHIO**



PERCORSO COPPA TOSCANA - GRANFONDO

LUNGHEZZA 40km (20km a giro - 2 giri)
DISLIVELLO IN SALITA 2100mt
LUNGHEZZA GPM 4,8KM (550MT+)
LUNGHEZZA DISCESA CRONOMETRATA 3,2KM (350MT-)
SALITA SU PAVE' 1,3KM





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PERCORSO COPPA TOSCANA - MARATHON

LUNGHEZZA 61,6km (30,8km a giro - 2 giri)
DISLIVELLO IN SALITA 3160mt
LUNGHEZZA GPM 4,8KM (550MT+)
LUNGHEZZA DISCESA CRONOMETRATA 3,2KM (350MT-)
SALITA SU PAVE' 1,5KM

